

<b>Glucocorticoid Agent</b>	<b>Equivalent Dose</b> (approximate mg)	<b>Route of Administration</b>	<b>Relative Anti-inflammatory Potency</b>	<b>Relative Mineralocorticoid Potency</b>	<b>Biologic Half-Life</b> (hours)
Betamethasone <sup>1</sup>	0.6 – 0.75	IM, IV, PO	20 – 30	0	36 – 54
Dexamethasone <sup>2, 3</sup>	0.75	IM, IV, PO	25 – 30	0	36 – 54
Hydrocortisone <sup>4</sup>	20	IM, IV, PO	1	2	8 – 12
Methylprednisolone <sup>5</sup>	4	IM, IV, PO	5	0	18-36
Prednisolone	5	PO	4	1	18-36
Prednisone	5	PO	4	1	18-36

<sup>1</sup>Betamethasone injection is currently unavailable

<sup>2</sup>Dexamethasone injection is currently on backorder by the manufacturers

<sup>3</sup>When oral drug administration is possible, oral dexamethasone is the preferred alternative agent

<sup>4</sup>Some patients may not be able to tolerate the higher mineralocorticoid activity of hydrocortisone i.e. hypokalemia risks

<sup>5</sup>Methylprednisolone may be an acceptable alternative to dexamethasone in many situations